



Artwork Courtesy of Margie Thompson SSI

Saint Mary  
by-the-Sea  
<http://www.stmarybythesea.org>

Retreat House

Cape May Point  
New Jersey

2012  
Retreats

Retreat House of the Sisters of Saint Joseph of Chestnut Hill, Philadelphia, Pennsylvania

# Welcome

***Ocean of Grace, Tides of Transformation* – that is how God moves and works at Saint Mary by-the-Sea Retreat House. Spiritual rejuvenation begins the moment you arrive!**

**I am excited to share the 2012 brochure with you, and I invite you to look through it to see the retreats and programs being offered, some of which are new additions.**

**For more than 100 years, Saint Mary has been a place where all who gathered have been able to drink from the well of God's abundant love. Nourish and enrich your soul with the solitude and peace offered on this holy ground.**

**My prayer is that God will gift all who journey here with a spirit of renewal, unity, and reconciliation so *that all may be one*.**

*Joan Dollinger*  
**Joan Dollinger**  
**Administrator**

# Our Mission

Saint Mary by-the-Sea, Cape May Point, is a retreat house sponsored by the Congregation of the Sisters of Saint Joseph of Philadelphia to provide opportunities for retreat for the members of the Congregation and others who desire a similar retreat experience. Some opportunities for sisters' vacations are also provided.

Saint Mary by-the-Sea offers these opportunities to retreatants and vacationers in the hope of contributing to the wholeness of their lives and to a healthy rhythm of prayer, work, and relaxation for the sake of mission.

In seeking to provide opportunities for retreat and vacation, the staff of Saint Mary by-the-Sea is committed to:

- the mission of unity and the spirit of self-emptying love and cordial hospitality to which the Sisters of Saint Joseph are called.
- a retreat atmosphere conducive to prayer through quiet, a climate of communal presence to God, and respect for individual privacy.
- daily prayerful celebrations of the Liturgy of the Eucharist.
- a variety of styles of retreat offerings.
- a vacation atmosphere of relaxation, community spirit, and respect for individual differences.
- clean and comfortable accommodations and nourishing well-balanced meals, within the limits of affordability.

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<http://www.stmarybythesea.org>

## Ministry Team

**Catherine Corrigan SSJ**  
Winter/Spring Reservations

**Rita McGlade**  
Kitchen Manager

**Joan Dollinger**  
Administrator

**Mary Ann Mulzet SSJ**  
Administrative Assistant/Liturgist

**Kathy Hart SSJ**  
Director of Maintenance

**Patricia O'Donnell SSJ**  
Assistant Director

**Patricia Hickey SSJ**  
Spirituality Center Staff

**Ann Raymond Rafter SSJ**  
Past Director of the House

**Patricia Looney SSJ**  
Winter/Spring Reservations

**Roseann Tribuiani SSJ**  
Director of the House

# 2012 Calendar

May 14 - 20

✿ **Directed Retreat**

*Queen of the Sea — our 18-bedroom house*

Margaret Ellen Burke SC

Carol Marozzi SSJ

Information/Reservations — Mary Ann Mulzet  
mamulzet@gmail.com or 609-884-8708

June 1 - 3

✿ **Women's Wellness Weekend**

Information/Reservations —  
development@ssjphila.org or 800-482-6510

June 8 - 10

✿ **Creative Spirits**

Celeste Mokrzycki SSJ, Coordinator

Information/Reservations — Mary Ann Mulzet  
mamulzet@gmail.com or 609-884-8708

June 14 - 19

**Soul Sisters**

Edwina Gateley

June 21 - July 24 **Thirty-Day Retreat**

June 21 - 30

**Directed Retreat** (Eight Days)

July 1 - 10

**Directed Retreat** (Eight Days)

July 10 - 17

**Traits of a Healthy Spirituality**

Melannie Svoboda SND

July 17 - 24

**Encountering our Everyday God, Every Day!**

Joan Dollinger

Carol Zinn SSJ

July 24 - 31

**Wisdom from Women Mystics: A Guided  
Retreat Based on Themes from Female  
Mystical Writings**

Janet Ruffing RSM

✿ While these programs will be held at Cape May Point, for information and to make reservations, please see contact information.

*Calendar continued on page 6*

# 2012 Calendar


July 31 - Aug. 6 **Directed Retreat** (Five Days)

Aug. 6 - 15 **Directed Retreat** (Eight Days)


Aug. 15 - 22 **Directed Retreat** (Six Days)

Aug. 15 - 22 **Jesus Mirror of Our Humanity, Icon of Divinity**  
Rita Woehlcke SSJ

Aug. 22 - 29 **Vacation**


Sept. 7 - 9  **Women's Wellness Weekend**  
Information/Reservations —  
development@ssjphila.org 800-482-6510

Sept. 10 - 17 **Directed Retreat** (Six Days)


Sept. 18  **Women's Gathering**  
Barbara Springer SSJ  
Information/Reservations — 215-248-7222

Sept. 21 - 23 **St. Paul Church Women's Retreat**

Sept. 28 - 30  **SSJ Associates Retreat**  
Rose Andrea Loughery SSJ  
Information/Reservations — 215-248-7239

Oct. 1 - 5  **Directed Retreat**  
*Queen of the Sea — our 18-bedroom house*  
Margaret Ellen Burke SC  
Carol Marozzi SSJ  
Information/Reservations — Mary Ann Mulzet  
mamulzet@gmail.com or 609-884-8708

Oct. 5 - 7  **Hope Methodist Church Men's Retreat**

 While these programs will be held at Cape May Point, for information and to make reservations, please see contact information.



# Retreat Descriptions

***For You alone my soul waits in silence. (Psalm 62:1)***

*Silence is that place just before the voice of God. It is the void in which God and I meet in the center of my soul. It is the cave through which the soul must travel, clearing out the dissonance of life as we go, so that God who is waiting there for us to notice can fill us.*

*(Illuminated Life — Joan Chittister OSB)*

We deeply respect silence during retreat in order to provide an atmosphere of reverence for each retreatant's encounter with God. Silence is observed throughout the house on all five-, six-, and eight-day directed and guided retreats, day and night, including meals.

Saint Mary by-the-Sea offers both directed and guided retreats:

## **Directed Retreat**

A directed retreat is a one-on-one experience. A director meets with the retreatant each day to reflect on the interior movements of the retreatant's prayer and to discern with the retreatant the presence of the Spirit. The only communal gathering during a directed retreat is the Liturgy of the Eucharist. Requests for a particular director are honored as far as possible.

## **Guided Retreat**

A guided retreat includes daily input by the director to the group, considerable private prayer time, Liturgy of the Eucharist, and occasional times for private interviews with the director.

## **Creative Spirits**

### **June 8 - 10**

**Celeste Mokrzycki SSJ, Coordinator**

“Creativity is a God-given ability to take something ordinary and make it special . . . Nurturing our creativity is part of our responsibility as stewards of God’s gifts.” Emilie Barnes, *The Spirit of Loveliness*.

Come and nourish your creative Spirit! See the ordinary through God’s eyes! Join other artists for a weekend of learning, prayer, reflection, and creativity. On Saturday, professional instructors will offer a variety of workshops. Both beginning and advanced artists are welcome! Limit: 50

Registration for this weekend: Mary Ann Mulzet at [mamulzet@gmail.com](mailto:mamulzet@gmail.com) or 609-884-8708.

**Donation: \$260**  
**Deposit: \$50**

## **Soul Sisters**

### **June 14 - 19**

**Edwina Gateley**

During this reflective-interactive retreat we will explore the Feminine Divine and how women have a significant role to play in bringing balance and healing to our world of war and suffering. We will look at the role of women in Scripture as well as the call to transformation in the Christian tradition. The history of God as Mother will be examined as will the importance of compassion in the process of healing for ourselves as individuals, as well as the global community. We will also look at the experience of some contemporary women whose struggle for new life is a testimony to the resilience of the human spirit and the redeeming power of God’s grace. This precious time with God, our sisters, and ourselves will leave us forever changed!

*Conversation at meals will be an option.*

**Donation: \$440 (SSJ/Phila: \$400)**  
**Deposit: \$50 (SSJ/Phila: \$0)**

## **Thirty-Day Retreat June 21 - July 24**

A retreat which offers the Spiritual Exercises of Saint Ignatius on a personally directed basis. The applicant is expected to have made several extended directed retreats and to be receiving ongoing spiritual direction.

Interested persons should call or write by March 1 to:

SSJ Center for Spirituality  
Mount Saint Joseph Convent  
9701 Germantown Avenue  
Philadelphia PA 19118-2694  
215-248-7222

**Donation: \$1950  
Deposit: \$250**

## **Directed Retreat (Eight Days) June 21 - 30**

Assunta Boyle RSM  
Margaret Ellen Burke SC  
Helen Cahill OP  
William Eagan SJ  
Mary Kay Flannery SSJ  
Winifred Grellis SSJ  
Mary Ellen Higgins IHM  
Kathryn Madden CND  
Eileen Dorothy Maguire SSJ  
Elizabeth O'Hara SSJ  
Margaret Rohde rc  
Kathleen Smith RSM  
Barbara Springer SSJ  
George Williams SJ  
Rita Woehlcke SSJ

**Donation: \$510 (SSJ/Phila: \$460)  
Deposit: \$50 (SSJ/Phila: \$35)**



## **Directed Retreat** (Eight Days) **July 1 - 10**

Assunta Boyle RSM  
Margaret Ellen Burke SC  
Helen Cahill OP  
William Eagan SJ  
Winifred Grellis SSJ  
Mary Anne Nolan RSM  
Margaret Oravez SSJ  
Anna Louise Schuck SSJ  
Kathleen Smith RSM  
Mary Spratt re  
Barbara Springer SSJ  
Margaret Thompson SSJ  
Ethelyn Tucker CPS  
Mary Catherine Walton SSJ  
George Williams SJ

**Donation: \$510 (SSJ/Phila: \$460)**  
**Deposit: \$50 (SSJ/Phila: \$35)**

## **Traits of a Healthy Spirituality** **July 10 - 17**

### **Melannie Svoboda SND**

What does a healthy spirituality look like? This guided retreat will explore some of the traits of a healthy spirituality such as friendship, love and respect for nature, compassion, prayer, balancing work and leisure, and the ability to live graciously with a certain amount of adversity and ambiguity. Using scripture, music, stories, poetry, and humor, Sister Melannie will lead us in exploring God's presence and action in our lives. Bring a Bible and a journal.

**Donation: \$460 (SSJ/Phila: \$425)**  
**Deposit: \$50 (SSJ/Phila: \$0)**



## Encountering Our Everyday God, Every Day! July 17 – 24

**Joan Dollinger and Carol Zinn SSJ**

*In everything and everywhere, have only God, God's will and God's glory before your eyes, and make no account of anything else.*

(Maxim 16, from *The Maxims of the Little Institute*, Jean Pierre Médaille SJ)

Our good and gracious God desires life in abundance for each of us all the time. In the everyday nature of our lives, there are many moments of grace. In the silence, solitude, and stillness of the beauty found at Cape May Point, come and spend time attending to the everyday ways that God beckons, calls, and invites us more deeply into fullness of life right in the midst of our everyday lives. This contemplative and quiet guided retreat will use the Scripture readings of the day as the basis for input and reflection. Please bring the readings of each day or a Bible, a journal (if you wish), and an open heart yearning to spend time with our Everyday God.

**Donation: \$460 (SSJ/Phila: \$425)**

**Deposit: \$50 (SSJ/Phila: \$0)**

## Wisdom from Women Mystics: A Guided Retreat Based on Themes from Female Mystic Writings July 24 - 31

**Janet Ruffing RSM**

Women mystics in the high middle ages created daring mystical texts teaching other women how to enter into the embrace of God. They did this with great conviction out of their own mystical encounters with and union with God as women. During this retreat, we will reflect on and pray with some of these evocative texts. Some of the women who will be our guides on this retreat are: Gertrude, Julian, Mechtild, Hadewijch, and Teresa of Avila. Bring your journal, your bible, and your favorite woman mystic.

**Donation: \$460 (SSJ/Phila: \$425)**

**Deposit: \$50 (SSJ/Phila: \$0)**

**Directed Retreat** (Five Days)  
**July 31 – August 6**

Dorothy Apprich SSJ  
Rose Mary Dougherty SSND  
Marie Ann Ellmer RSM  
Phyllis Esposito CSJ  
Winifred Grellis SSJ  
Mary Heffron IHM  
Patricia Hickey SSJ  
Margaret Holden FSP  
Madeleine Lane SSND  
Kathryn Madden CND  
Maria Metzger SSJ  
Mary Spratt rc  
Barbara Springer SSJ

**Donation: \$445 (SSJ/Phila: \$415)**  
**Deposit: \$50 (SSJ/Phila: \$0)**

**Directed Retreat** (Eight Days)  
**August 6 - 15**

Trudy Ahern SSJ  
Helen Cahill OP  
Mary Clark CSJ  
Mary Ellen Dougherty SSND  
Vincent Fortunato ofmCap  
Winifred Grellis SSJ  
Mary Louise Heffernan SSJ  
Mary Heffron IHM  
Patricia Hickey SSJ  
Jean Marie Holup SSCM  
Claire McNichol SSJ  
Maria Metzger SSJ  
Barbara Springer SSJ  
Margaret Thompson SSJ  
Mary Catherine Walton SSJ

**Donation: \$510 (SSJ/Phila: \$460)**  
**Deposit: \$50 (SSJ/Phila: \$35)**

## **Directed Retreat (Six Days) August 15 - 22**

Carol Beevers SSJ  
Mary Bryan SHCJ  
Helen Cahill OP  
Maureen Christensen RSM  
Mary Ellen Dougherty SSND  
Bette Gallagher RSM  
Winifred Grellis SSJ  
Julia Grey OP  
Mary Louise Heffernan SSJ  
Patricia Hickey SSJ  
Jean Marie Holup SSCM  
Anna Louise Schuck SSJ  
Marcella Springer SSJ  
Elizabeth Sweeney SSJ

**Donation: \$460 (SSJ/Phila: \$425)  
Deposit: \$50 (SSJ/Phila: \$0)**

## **Jesus Mirror of Our Humanity, Icon of Divinity August 15 - 22**

**Rita Woehlcke SSJ**

At every stage of our journey Jesus reveals to us how to enter into our humanity as deeply as He enters His. At the same time Jesus is the icon through which we dare to take in who God wants to be for us along the way. Many times this occurs in experiences that happen TO us rather than in those chosen BY us. Chardin calls this the "divinization of our passivities." In this guided retreat the graces we will be praying for are an ever-deepening union with Jesus that will enable us to be fully the one God dreamed us to be and the gift of allowing God to be fully God for us. May we discover in all such unexpected events only Jesus in whom everything is a grace. Bring your Bible, your journal, and your heart. Limited to 20.

**Donation: \$460 (SSJ/Phila: \$425)  
Deposit: \$50 (SSJ/Phila: \$0)**

## **Directed Retreat** (Six Days) **September 10 - 17**

Marina Bochnewich OSBM  
Mary Bryan SHCJ  
Winifred Grellis SSJ  
Julia Grey OP  
Patricia Hickey SSJ  
Carol Marozzi SSJ  
Maria McCoy SSJ  
Barbara Springer SSJ  
Rita Woehlcke SSJ

Limited to 45.

**Donation: \$460 (SSJ/Phila: \$425)**  
**Deposit: \$50 (SSJ/Phila: \$0)**

**PRIVATE RETREAT** reservations are available during retreat periods **ONLY**, but such reservations cannot be made until all reservations for scheduled retreats are processed, usually sometime in late June.

For reservations of one to four days during retreat periods, inquire about the per diem retreat donation. Information/Reservations: Patricia O'Donnell SSJ at [stmary@ssjphila.org](mailto:stmary@ssjphila.org) or 609-884-8878.

**RETREATS ARE OPEN** to all women. On some retreats, there is very limited space for men. Vacations are open only to vowed religious because of tax-exemption laws. Saint Mary by-the-Sea provides opportunities for annual retreat for Sisters of Saint Joseph of Philadelphia; therefore priority is given to reservations from Sisters of Saint Joseph of Philadelphia until January 31, 2012. Reservations from others are welcome at any time, and will be processed after January 31, 2012.

## Vacation August 22 - 29

Vacations are open only to vowed members of religious congregations because of tax-exemption laws.

Vacation donation is determined by the number of nights spent at Cape May Point: \$55 per night. The vacation rate applies ONLY during scheduled vacations; it includes two meals per day.

A \$50 NON-REFUNDABLE deposit MUST accompany ALL vacation reservations, including those from Sisters of Saint Joseph of Philadelphia.

**Donation: \$55 per night**  
**Deposit: \$50 (SSJ/Phila: \$50)**

## Things to Know

For Retreats and Vacations from  
June 14 through August 29:

**Guest check-in starts at 1:00 p.m.**

Lunch is not served on arrival day. Guests are welcome for supper the first evening: 5:30 p.m. on retreat, 5:00 p.m. on vacation. Week-long retreats open at 7:00 p.m. and close with 8:00 a.m. Eucharist and breakfast. Early arrivals or late departures MUST be requested in advance. If early or late days fall within another retreat, arrangements cannot be confirmed until June. A donation is expected for added days.

Our beloved Victorian-era beachfront hotel is, in spite of significant recent improvements, physically inconvenient in many ways. If you are not physically able, Saint Mary is most likely not a good place for your retreat or vacation. Please be aware that no health services are available on site. The nearest hospital is 14 miles away.

*Things to Know continued on page 16*

**ELEVATOR:** We are pleased to announce that we now have an elevator, a small one. This will help get luggage up to the second and third floors, it will assist those who have trouble with stairs, and it will enable them to sit on our second-floor porches and enjoy the incredible view. But this one small elevator will not make our facility handicap-accessible. To have a bedroom on the second floor, you must be sufficiently agile to manage one flight of stairs, in case of fire or other emergency or elevator failure. **If you cannot manage at least one flight of stairs, you need to request a first-floor room.**

**GUEST ROOMS:** First, second, third, and fourth floors. One small elevator. NOT handicap-accessible. Capacity is approximately 100 guests.

**PLEASE BRING:** Bible, extension cord, fan (upper floors are often very hot), coffee mug to reduce use of disposable cups, mosquito repellent, sun screen, towels, laundry soap, cloth napkin if you wish.

**PROVIDED:** Bicycles, iron/ironing board, pay laundry machines, bed linens (but towels are NOT provided; BRING TOWELS).

**DRESS:** Casual. Shirts/shoes required: Chapel, Dining Room, Kitchen.

**BEACH:** The house is on the beach. Beach tags are provided for a \$5 donation plus a \$5 refundable deposit.

**TELEPHONE:** 609-884-8878 (main house) Please call only between 9:00 and 11:00 a.m. during retreat and between 12 noon and 2:00 p.m. during vacation. **CALLS FOR GUESTS: MESSAGES ONLY PLEASE.** From May 28 to June 11, phone inquiries are processed for June programs only.

If there is need to speak with a guest directly, please arrange in advance for the guest to be near the phone when you call. Try to avoid calls on the opening day of a retreat or vacation. The phone available to guests requires a phone card for long distance.

**DIET:** If you need regular menu items prepared differently, such as low-fat, low-salt, or vegetarian items, please inform the kitchen staff upon arrival. If you need specialized alternatives that are not routinely stocked by our kitchen, please bring them with you and inquire about refrigerated storage space.

**MAILING LIST:** To be added to the mailing list for next year's retreat brochure, e-mail or mail your address to Catherine Corrigan SSJ (contact information on page 28). Include your e-mail address if you can receive a link to the online brochure rather than a paper copy. E-mail is preferred.

# You Are Invited to Volunteer...

... for the summer 2012 staff at Cape May Point.

We look forward to welcoming experienced staffers, and as we look to the future, we are eager to welcome young staff volunteers. If you are an experienced staffer and you know a young person or two who would enjoy time with us, please let us know.

Staff members work five or six hours each day; evenings and part of afternoons are free. See staff positions on the next page.

If you wish to volunteer, please contact us as soon as you can. A volunteer form will be sent to you and will be due back by March 15, 2012. Please include full name, e-mail address, and telephone number.

LITURGISTS, e-mail: Mary Ann Mulzet SSJ at [mamulzet@gmail.com](mailto:mamulzet@gmail.com)

OTHER STAFF, e-mail: Joan Dollinger at [jdollinger\\_marybythesea@comcast.net](mailto:jdollinger_marybythesea@comcast.net)

**DATES:** See calendar on pages 5-6 for retreat and vacation dates. All overnight programs need volunteer staff, beginning with the June weekends and ending with the October retreat.

The **LITURGIST** plans, coordinates, and directs music and liturgy in collaboration with the presider and retreat directors.

## KITCHEN STAFF

**KITCHEN HELPERS** prepare meals; they do NOT have responsibility for meal planning or ordering.

**SALAD BAR** staff prepares salads.

**PANTRY** staff prepares condiments, desserts, beverages, bread, and the like.

**DINING ROOM** staff keeps the dining room in order and coordinates the serving line.

**SNACK ROOM** staff maintains coffee and snack stations.

**KITCHEN AIDES** wash pots and pans and help with kitchen cleaning.

*Volunteer information continued on page 18*

## HOUSE STAFF

The **SACRISTAN** is responsible for the chapel and sacristy.

**LOBBY DESK** staff greets guests and visitors and answers the telephone.

**SAINT JOSEPH HOUSE** and **QUEEN OF THE SEA** staff cleans and maintains order in Saint Joseph House and Queen of the Sea, respectively.

**LAUNDRY** staff provides laundry service for the house and staff.

**BATHROOMS/DISHWASHER** staff cleans the bathrooms and operates the dishwasher after meals.

**GROUNDS/GARDENS** staff cares for flowers, shrubs, and grass.

*All positions require good health and physical stamina.*

*We work hard, enjoy each other and the beach,  
and have lots of fun!*

## PLEASE NOTE

This brochure contains important information about your stay at Cape May Point. Copies are available from Catherine Corrigan SSJ (contact information found on page 28) or online at:

<http://www.ssphil.org/CapeMay2012Retreat.pdf>  
and

<http://www.stmarybythesea.org>

## About our Directors ...

**Trudy Ahern SSJ**, a Sister of Saint Joseph of Philadelphia, is Co-Director of the Upper Room Spiritual Center, Neptune, New Jersey. Her ministries include the training of and supervision of spiritual directors, spiritual direction, directed retreats, and offering other programs for spiritual enrichment. She also educates spiritual directors in the summer at Creighton University.

**Dorothy Aprich SSJ**, a Sister of Saint Joseph of Philadelphia, has been a spiritual director and retreat director for over 30 years. She has served on the staff of the SSJ Center for Spirituality in Chestnut Hill and the Jesuit Center for Spiritual Growth in Wernersville, Pennsylvania. She currently serves as the administrator of Saint Joseph Villa, a skilled nursing facility and the retirement home for the Sisters of Saint Joseph.

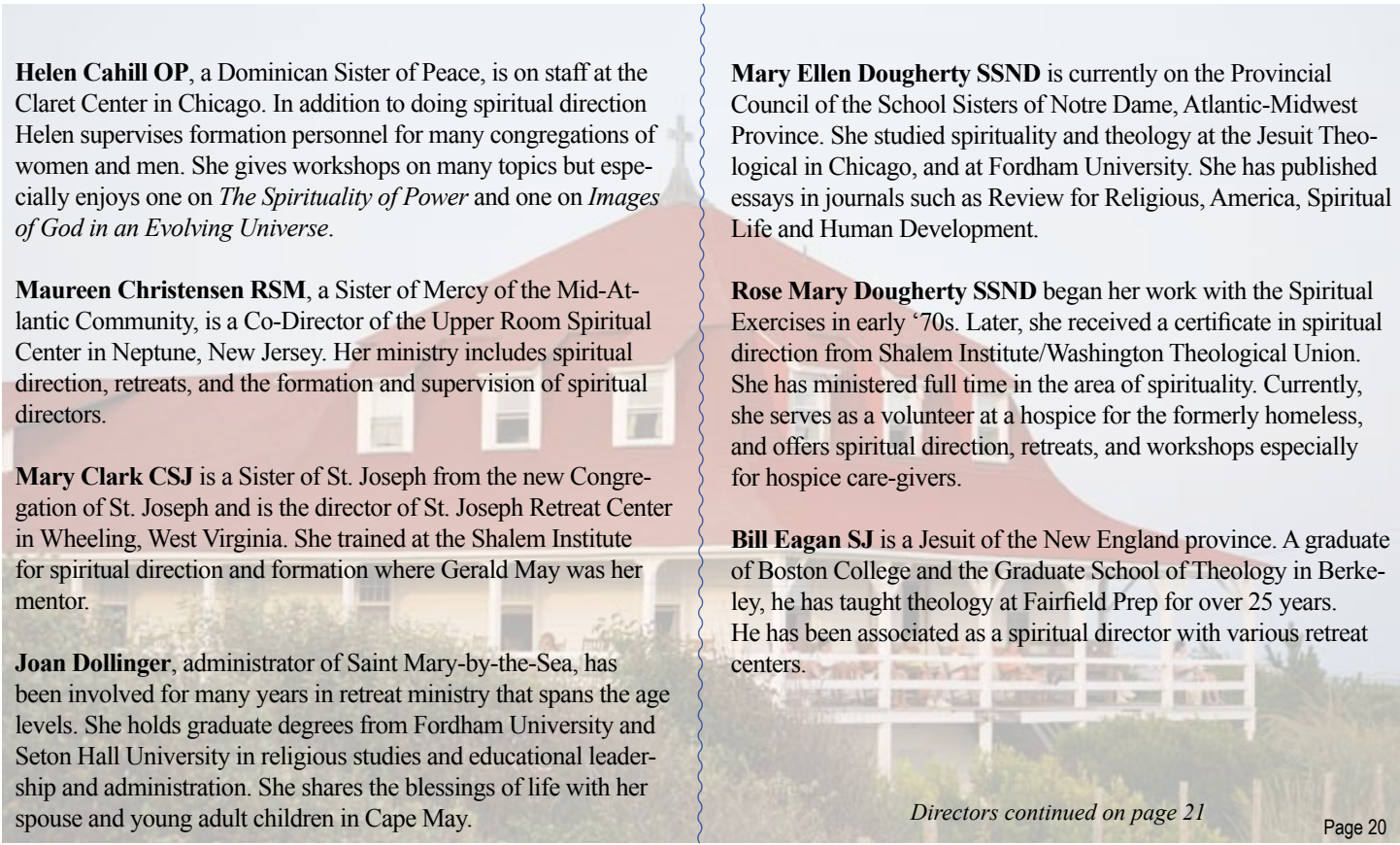
**Carol Beevers SSJ**, a Sister of Saint Joseph of Philadelphia, is Director of Mother of God House of Prayer in Alva, Florida. She has ministered as an educator, social worker, therapist, administrator, and pastoral associate and is currently in the spirituality ministry. Carol has master's degrees in social work and in holistic spirituality and spiritual direction.

**Assunta Boyle RSM** received certification as a spiritual director from the Center of Religious Development and a certificate in pastoral counseling from the New York Diocese Pastoral Program. In addition to her retreat ministry, she currently serves as a DRE at Sacred Hearts of Jesus and Mary in Southampton, New York.

**Mary Bryan SHCJ** received training in giving spiritual direction and retreats in Italy under Paul Kennedy, SJ, one-time Tertian Master of English Jesuits. Later, at Weston Jesuit School of Theology, Massachusetts, she studied with David Fleming, SJ and William Barry, SJ. She is involved in spiritual direction and retreats, as well as assisting at Holy Child Center, her Congregation's retirement house.

**Margaret Ellen Burke SC** has been training and supervising spiritual directors for over 30 years and has given retreats around the US and Canada. She trained at the Jesuit Center of Religious Development in Cambridge, Massachusetts, and was co-founder and director of the Center of Renewal and Education, a mobile center for the spiritual development and training of lay leaders.

*Directors continued on page 20*



**Helen Cahill OP**, a Dominican Sister of Peace, is on staff at the Claret Center in Chicago. In addition to doing spiritual direction Helen supervises formation personnel for many congregations of women and men. She gives workshops on many topics but especially enjoys one on *The Spirituality of Power* and one on *Images of God in an Evolving Universe*.

**Maureen Christensen RSM**, a Sister of Mercy of the Mid-Atlantic Community, is a Co-Director of the Upper Room Spiritual Center in Neptune, New Jersey. Her ministry includes spiritual direction, retreats, and the formation and supervision of spiritual directors.

**Mary Clark CSJ** is a Sister of St. Joseph from the new Congregation of St. Joseph and is the director of St. Joseph Retreat Center in Wheeling, West Virginia. She trained at the Shalem Institute for spiritual direction and formation where Gerald May was her mentor.

**Joan Dollinger**, administrator of Saint Mary-by-the-Sea, has been involved for many years in retreat ministry that spans the age levels. She holds graduate degrees from Fordham University and Seton Hall University in religious studies and educational leadership and administration. She shares the blessings of life with her spouse and young adult children in Cape May.

**Mary Ellen Dougherty SSND** is currently on the Provincial Council of the School Sisters of Notre Dame, Atlantic-Midwest Province. She studied spirituality and theology at the Jesuit Theological in Chicago, and at Fordham University. She has published essays in journals such as *Review for Religious*, *America*, *Spiritual Life* and *Human Development*.

**Rose Mary Dougherty SSND** began her work with the Spiritual Exercises in early '70s. Later, she received a certificate in spiritual direction from Shalem Institute/Washington Theological Union. She has ministered full time in the area of spirituality. Currently, she serves as a volunteer at a hospice for the formerly homeless, and offers spiritual direction, retreats, and workshops especially for hospice care-givers.

**Bill Eagan SJ** is a Jesuit of the New England province. A graduate of Boston College and the Graduate School of Theology in Berkeley, he has taught theology at Fairfield Prep for over 25 years. He has been associated as a spiritual director with various retreat centers.

*Directors continued on page 21*

**Phyllis Esposito CSJ**, a Sister of Saint Joseph of Brentwood, New York, received certification as a spiritual director from Institute of Spiritual Leadership, Chicago. For the past 27 years, she served as pastoral associate in a suburban parish and also has been active in the CSJ Associates. Recently, she began congregational ministry as a regional superior.

**Mary Kay Flannery SSJ**, a Sister of Saint Joseph of Philadelphia, is an educator, spiritual director, and retreat presenter. She teaches in the Religious Studies/Holistic Spirituality department of Chestnut Hill College, and is passionately involved in education and advocacy for the Justice for Immigrants Campaign. Her spiritual direction formation took place at the Center for Spirituality and Justice, Bronx, New York, as well as at the Mexican American Cultural Center, San Antonio, Texas.

**Vincent Fortunato ofmCap** has served his community in Formation Ministry and as Provincial Minister and currently as Secretary for Development and Mission Animation. He has an Master's of Divinity degree from Darlington Seminary and an MA in Spirituality from Creighton. He is a presenter of spiritual direction for groups and training programs and is pastor of St. Ann's in Hoboken, New Jersey.

**Edwina Gateley** is currently writing, giving talks and leading retreats in the areas of discipleship, women in scripture, justice, mission, spirituality, mysticism, and the Feminine Divine. Born in Lancaster, England, she holds a teacher's degree from her home country and a Master's in Theology from Catholic Theological Union, Chicago.

**Winifred Grellis SSJ**, a Sister of Saint Joseph of Philadelphia, has been involved in retreat work in various places, and has experience in giving thirty-day and 19th Annotated retreats, spiritual programs, and supervision of directors.

**Julie Grey OP**, a Dominican Sister of Peace, has a Master's degree in Pastoral Studies from Loyola University. She is a graduate of the Institute for Spiritual Leadership in Chicago and the Center for Religious Development in Cambridge, Massachusetts. Her work includes spiritual direction and program development. Julie is currently a full time director with St. Raphaela Center.

**Mary Louise Heffernan SSJ**, a Sister of Saint Joseph of Rochester, is engaged in spirituality ministry as a spiritual director, a retreat director, and in spirituality development for over 35 years. She holds a master's degree in pastoral ministry from Seattle University.



**Mary A. Heffron IHM** ministers as a Pastoral Associate in Robesonia, Pennsylvania, as a retreat director, and as a spiritual director. Mary comes to her ministry of spirituality with training from St. Thomas, Miami, Florida; the Jesuit Center, Wernersville, Pennsylvania; and Chestnut Hill College. She is interested in focusing as means to a contemplative stance in life.

**Patricia Hickey SSJ**, a Sister of Saint Joseph of Philadelphia, serves on the staff of the SSJ Center for Spirituality and is involved in spiritual direction, spiritual programs, retreats, thirty-day retreats, and supervision. She is a graduate of Creighton University and the Chestnut Hill Supervision Program and is involved in Chestnut Hill's Holistic Program with ongoing training of directors.

**Mary Ellen Higgins IHM** teaches in the Human Services Department at Chestnut Hill College and also serves as a spiritual companion for others. She was trained in the practice of spiritual direction at Fordham University and has companioned others in spiritual direction for over 20 years.

**Margaret Holden FSP** received her training in Spiritual Direction at the Graduate School of Religion at Fordham University with a concentration in Spirituality and Spiritual Direction and additional training in the giving of the directed retreat at Mariandale Spiritual Life Center.

**Jean Marie Holup SSCM** is a Sister of Saints Cyril and Methodius and the director of St. Cyril's Spiritual Center. She has been involved in spiritual direction and in retreat work at various locations. She received her MA in Spirituality from Creighton University and did her practicum at the Jesuit Center for Spiritual Growth.

**Madeleine Lane SSND** is the director of The Family Center in St. Louis, Missouri, with over 30 years of educational, pastoral and counseling experience, and is part of the Christian Spirituality Program at Creighton University and Aquinas School of Theology.

**Eileen Dorothy Maguire SSJ**, a Sister of Saint Joseph of Philadelphia, is presently Director of Senior Services for her congregation and previously was a theology teacher. Holding degrees in education and administration, counseling psychology, and holistic spirituality and spiritual direction, Eileen has had experience at all levels of education, and has been involved in a variety of parish programs, spiritual direction, and retreat work.

**Carol Marozzi SSJ**, a Sister of Saint Joseph of Philadelphia, served as the director of Bon Secours Spiritual Center in Marriottsville, Maryland for 10 years. Currently, she is engaged in retreat work, facilitation, and spiritual direction around the country for individuals, groups, and organizations. Carol holds graduate degrees in theology and spirituality, as well as a spiritual guidance certificate from Shalem Institute.

**Mary Anne Nolan RSM** is co-director of Mercy Spiritual Ministries, a mobile ministry of the Sisters of Mercy which engages individuals and groups in prayer, reflection and ongoing spiritual development. A spiritual director for over 20 years, Mary Anne received her training at the Claret Center in Chicago and at the Jesuit Center for Spiritual Growth in Wernersville, Pennsylvania.

**Elizabeth O'Hara SSJ**, a Sister of Saint Joseph of Philadelphia, served at the SSJ Center for Spirituality in Chestnut Hill and has been doing spiritual direction and giving retreats for about 36 years.

**Margaret Rohde rc** is a Cenacle Sister who serves as Director of Ministry at the Ronkonkoma Cenacle. She has been involved in many facets of spiritual ministry: as spiritual director, retreat director, labyrinth facilitator, and in 12-step support and Centering Prayer. She is trained to give the Spiritual Exercises of St. Ignatius of Loyola. Her spiritual direction certificate is from Claret Center in Chicago.

**Janet Ruffing RSM** is professor in the practice of spirituality and ministerial leadership at Yale Divinity School. She holds the PhD in Christian Spirituality from the Graduate Theological Union in Berkeley, California. She developed spirituality programs for a few schools and taught at Fordham University from 1986-2009. She has been a spiritual director since 1978.

**Anna Louise Schuck SSJ**, a Sister of Saint Joseph of Philadelphia, has been a spiritual director and a retreat director since the mid-70's and has directed retreats in various centers in the United States. She received her training and education in theology, spirituality and spiritual direction in Rome, Italy, Villanova University, the Jesuit Spirituality Center in Wernersville, and the SSJ Spirituality Center in Philadelphia.

**Mary Spratt rc** is a Cenacle Sister who ministers at a Cenacle Retreat Center on Long Island. Mary has an Master of Divinity degree and has received training in spiritual direction at the Center for Religious Development in Cambridge, Massachusetts.

**Barbara Springer SSJ**, a Sister of Saint Joseph of Philadelphia, has been a staff member of the SSJ Center for Spirituality for the past 17 years. Her ministry encompasses individual spiritual direction, retreats, and facilitating days of prayer and reflection. Barbara received her training at the Center for Spirituality in the late 1980's.

**Melannie Svoboda SND**, a Sister of Notre Dame of Chardon, Ohio, received a master's degree in spirituality from Duquesne University. She has ministered in education, formation, and provincial leadership and has ministered in the Jesuit novitiate in Detroit for six years. A free-lance writer for many years, Melannie is the author of numerous articles and books.

**Elizabeth Sweeney SSJ**, a Sister of Saint Joseph of Philadelphia, works as a spiritual director for individuals and groups in Wilmington, Delaware. For the past 10 years Elizabeth's perspective has expanded to include integral spirituality and consciousness transformation.

**Margie Thompson SSJ**, a Sister of Saint Joseph of Philadelphia, is an artist, a certified spiritual director and supervisor of spiritual direction. She teaches art at Chestnut Hill College. Using slides of her art work and other creative activities, she gives retreats and programs on themes of art, spirituality, women's issues, and Evolutionary Theology. She brings expertise in these areas to spiritual direction.

**Mary Catherine Walton SSJ**, a Sister of Saint Joseph of Philadelphia, studied at the Center for Spirituality and Justice in the Bronx and at The Upper Room with concentration on retreat direction, the Spiritual Exercises, supervision of directors, and the 19th Annotation Retreat. Additional training in pastoral counseling came from the Center for Creative Living.

**George Williams SJ** received his STM degree in Spirituality from Woodstock Theological College in New York. He has worked with Marriage Encounter, Engaged Encounter, and the Charismatic Renewal; and has been novice director and also an associate of the Jesuit Center for Spirituality.

**Rita Woehlcke SSJ**, a Sister of Saint Joseph of Philadelphia, offers spiritual direction, retreats, and programs for personal and ministerial growth; and is involved in diocesan ministerial formation. In addition to Master's degrees in Literature and Pastoral Counseling, she holds a certificate in spiritual direction.

**Carol Zinn SSJ**, a Sister of Saint Joseph of Philadelphia, has a Master's of Theology from St. Bonaventure and an EdD from UNC, Greensboro. Her ministry experiences provide a rich and varied perspective on God's activity in the life of all God's people within the context of God's Creation. Her educational and theological background serves to deepen her attentiveness to the movement of God's grace as active and available to everyone.

## Driving Directions

Parking space is very limited. Please car-pool whenever possible.

### From Philadelphia via Route 55

- Enter New Jersey by the Walt Whitman or the Ben Franklin Bridge.
- Follow signs for Route 42. Exit onto Route 55 south.
- Route 55 ends and becomes Route 47 for three miles.
- At a fork, take a left onto Route 347. When it ends, continue on 47.
- Turn right at the Post Office in Rio Grande onto Railroad Avenue, which becomes Seashore Road and then Broadway.
- Continue on Broadway through West Cape May to the traffic light at Sunset Boulevard; turn right onto Sunset.
- Turn left onto Lighthouse Avenue, second left turn past Route 607.

- When you come to the lighthouse on the left, turn right.
- Saint Mary by-the-Sea, 101 Lehigh Avenue, is a block ahead.

### From the north via the Commodore Barry Bridge, Routes 322, 55

- Blue Route (476) south to Route 95 south to Commodore Barry Bridge.
- Stay on Route 322 to Route 55 South.
- Follow remaining directions from Route 55 listed at left.

### From the south via the Delaware Memorial Bridge

- Delaware Memorial Bridge to Route 40 to Route 55 south.
- Follow remaining directions above when Route 55 ends.

*Driving Directions continued on page 26*

## Driving Directions

### From the south via the Cape May-Lewes Ferry Terminal

- Take Route 9 (Sandman Boulevard) for about 2 miles.
- Turn right onto Seashore Road, which will become Broadway.
- After 2.5 miles, turn right at a traffic light onto Sunset Boulevard.
- Turn left onto Lighthouse Avenue, the second left turn past Route 607.
- When you come to the lighthouse on the left, turn right.
- Saint Mary by-the-Sea, 101 Lehigh Avenue, is a block ahead.

### From the north via the Garden State Parkway

- Garden State Parkway south until it ends.
- Continue straight through Cape May to end of Lafayette Street.
- Turn right and follow the street around to the left, through 2 traffic lights, and out Sunset Boulevard to Cape May Point.
- Turn left onto Lighthouse Avenue, the second left turn past Route 607.
- When you come to the lighthouse on the left, turn right.
- Saint Mary by-the-Sea, 101 Lehigh Avenue, is a block ahead.

## Reservation Directions

**RESERVATIONS:** Most retreat spaces are reserved by mid-June. Before mailing a reservation after April 1, please call to learn whether there is any space. Responses to telephone inquiries and mailed reservations will be delayed from May 28 to June 11 while the office is being set up at Cape May Point.

**ROOM ASSIGNMENTS** are single and made in the order in which reservations are received. It is not possible to honor all room preferences, but every effort is made. For a room near another person, include that person's FULL name on the reservation form.

**HEALTH NEEDS** have priority in assigning rooms. Indicate on the reservation form if health, especially inability to climb stairs, is a consideration. If we are unable to meet your health needs, we will contact you. Let us know if your health needs change.

**ROOM PREFERENCES** (e.g., 3rd floor, or facing street, or not facing porch) MUST be sent with the reservation. Room assignments for the entire season are finalized in June. Preferences arriving later can rarely be honored except for health reasons. Please ask for a general location, not a specific room. Specify which of two preferences is more important (e.g. ocean view or third floor). Only about half of our rooms have ocean views. Room choice is limited if the reservation does not arrive early in the reservation season.

**FOR EACH RESERVATION PLEASE SEND:**

- (1) A separate completed reservation FORM (page 29) for each person; send separate forms for retreat and for vacation.
- (2) SELF-ADDRESSED STAMPED ENVELOPE for your confirmation.
- (3) NON-REFUNDABLE DEPOSIT: see the descriptions of the retreat or vacation on pages 7 - 15 for the amount. Please do not send more than the requested deposit.

For Sisters of Saint Joseph of Philadelphia, \$425 is already paid toward your retreat. Send entire additional fee with reservation.

Deposits apply to the total fee. Balances should be paid on arrival day by check or cash ONLY, no credit cards.

**DEPOSITS ARE NOT REFUNDABLE.**

**BALANCES** for your ENTIRE STAY are due upon arrival.

*Reservation Directions continued on page 28*

## Reservation Directions

Please make CHECKS payable to Sisters of Saint Joseph. MARK ENVELOPE: "SUMMER RETREAT/VACATION."  
SEND FORMS AND DEPOSITS AS FOLLOWS:

**January 1 to May 28 and  
after August 28, 2012:**

### SUMMER RETREAT/VACATION

Catherine Corrigan SSJ  
Mount Saint Joseph Convent  
9701 Germantown Avenue  
Philadelphia PA 19118-2694  
stmary@ssjphila.org  
215-248-7218 (9:00 a.m. - 12:00 p.m.)

**June 11 to August 28, 2012:**

### SUMMER RETREAT/VACATION

Patricia O'Donnell SSJ  
Saint Mary by-the-Sea  
101 Lehigh Ave PO Box 382  
Cape May Point NJ 08212  
stmary@ssjphila.org  
609-884-8878  
During Retreat: 9:00 a.m. - 11:00 a.m.  
During Vacation: 12 p.m. - 2:00 p.m.

**IMPORTANT:** Be sure to send a self-addressed stamped envelope, which is required for mailing your CONFIRMATION FORM. Confirmations guarantee a room, but not a specific room assignment. If you do not receive a confirmation within approximately one month, inquire by e-mail, mail, or phone. **Mailing of confirmations will begin January 31.** Your confirmation is your receipt; bring it with you.

**CANCELLATIONS:** Notify us as early as possible so your place can be offered to others.

**2012**  
Reservation  
Form

**Check Only One**

Retreat

*Retreat Title* \_\_\_\_\_

Vacation

**OFFICE USE ONLY, DO NOT WRITE IN THIS BOX**

Date \_\_\_\_\_ Conf'd \_\_\_\_\_

Wait Notice \_\_\_\_\_ Dep \_\_\_\_\_

Dep Ret'd \_\_\_\_\_ Bal \_\_\_\_\_

Arrival Date: \_\_\_\_\_ Departure Date: \_\_\_\_\_

Last Name & Congregation Initials \_\_\_\_\_ First or Religious Name \_\_\_\_\_

Name of Convent (If Applicable) \_\_\_\_\_

Street Address \_\_\_\_\_

City, State, Zip Code \_\_\_\_\_

Home Telephone \_\_\_\_\_ Work Telephone \_\_\_\_\_

Emergency Contact Name (1) \_\_\_\_\_ Contact Phone Number \_\_\_\_\_

Emergency Contact Name (2) \_\_\_\_\_ Contact Phone Number \_\_\_\_\_

Age \_\_\_\_\_

E-Mail: \_\_\_\_\_

**Check One**

SSJ of Phila

Other Congregation Initials \_\_\_\_\_

SSJ Associate

No Congregation Affiliation

Health Considerations which affect Room Assignment:

*Room Preference (Room Preferences Must Accompany Reservation)*  
If you wish a room near a specific person, please give that person's FULL NAME, even if forms are mailed together. The computer arranges name alphabetically by last name.

Do you **NEED** a room on the first floor? Yes \_\_\_ No \_\_\_

If **NECESSARY**, can you have a room above the second floor? Yes \_\_\_ No \_\_\_

**Please do not respond "yes" to a room above the second floor unless you are truly able to climb the extra flight of stairs without physical difficulty.**

**Preference for Director for Directed Retreats**

**1st Preference** \_\_\_\_\_ **Woman** \_\_\_ **Man** \_\_\_

**2nd Preference** \_\_\_\_\_ **No Preference** \_\_\_\_\_

*If we cannot honor your preferences, we will assign a director without consulting you further.*

**Send a SEPARATE copy of this form for EACH reservation.**  
**Send \$50 DEPOSIT (no more than \$50, please) AND A SELF-ADDRESSED STAMPED ENVELOPE with this form. If several confirmations are to be mailed together, put all names on the envelope.**



**Sisters of Saint Joseph of Philadelphia**  
**Mount Saint Joseph Convent**  
**9701 Germantown Avenue**  
**Philadelphia, PA 19118-2694**

<http://www.stmarybythesea.org>

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