

Saint Mary by-the-Sea

Retreat House

Cape May Point
New Jersey

2019 Retreats

Retreat House of the Sisters of Saint Joseph
Chestnut Hill • Philadelphia • Pennsylvania
www.stmarybythesea.org

Welcome!

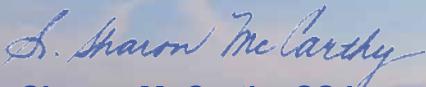
Saint Mary by-the-Sea is a sacred space where all are welcome to come and experience the heart of God through prayer, silence, and solitude. Come, spend time in contemplation and encounter the profound voice of God anew. This serene and peaceful setting by the ocean affords Sabbath time to rest . . .

to restore . . .

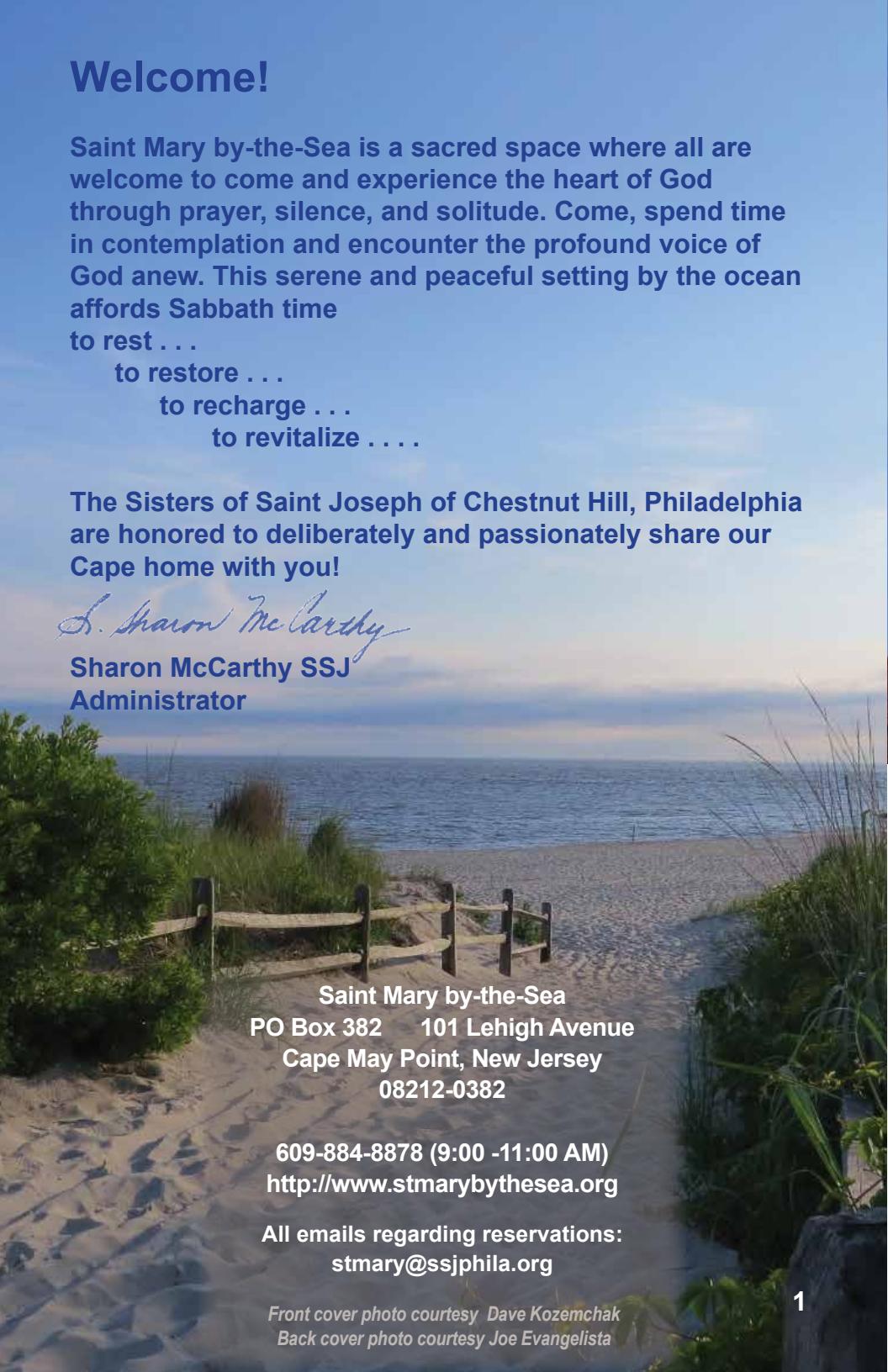
to recharge . . .

to revitalize . . .

The Sisters of Saint Joseph of Chestnut Hill, Philadelphia are honored to deliberately and passionately share our Cape home with you!



Sharon McCarthy SSJ
Administrator



Saint Mary by-the-Sea
PO Box 382 101 Lehigh Avenue
Cape May Point, New Jersey
08212-0382

609-884-8878 (9:00 -11:00 AM)
<http://www.stmarybythesea.org>

All emails regarding reservations:
stmary@ssjphila.org



Our **Mission**

Saint Mary by-the-Sea, Cape May Point, is a retreat house sponsored by the Congregation of the Sisters of Saint Joseph of Philadelphia to provide opportunities for varied retreat experiences in the hope of contributing to the wholeness of lives and to a healthy rhythm of prayer, work, and rest for the sake of mission.

The staff of Saint Mary by-the-Sea is committed to:

- the mission of unity and the spirit of self-emptying love and cordial hospitality to which the Sisters of Saint Joseph are called
- a retreat atmosphere conducive to prayer through quiet, a climate of communal presence to God, and respect for individual privacy
- daily prayerful celebrations of the Liturgy of the Eucharist
- a variety of styles of retreat offerings
- clean and comfortable accommodations and nourishing well-balanced meals, within the limits of affordability.

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Ministry Team

Core Staff

Sharon McCarthy SSJ

Administrator

Patricia O'Donnell SSJ

Assistant Director/
Summer Reservations

Mary Ann Mulzet SSJ

Administrative Assistant/Liturgist
Winter/Spring Reservations

Roseann Tribuiani SSJ

Director of the House

Kathy Hart SSJ

Director of Maintenance

Rita McGlade

Kitchen Manager

Program Staff

Trudy Ahern SSJ

Maria McCoy SSJ

Maria Metzger SSJ

Retreat Descriptions

For You alone my soul waits in silence. (*Psalm 62:1*)

Silence is that place just before the voice of God. It is the void in which God and I meet in the center of my soul. It is the cave through which the soul must travel, clearing out the dissonance of life as we go, so that God who is waiting there for us to notice can fill us.

*(Joan Chittister OSB—*Illuminated Life*)*

We deeply respect **silence** in order to provide an atmosphere of reverence for each retreatant's encounter with God. Silence is observed throughout the house on all five-, six-, and eight-day directed and guided retreats, day and night, including meals.

A **directed retreat** is a one-on-one experience. A director meets with the retreatant each day to reflect on the interior movements of the retreatant's prayer and to discern with the retreatant the presence of the Spirit. The only communal gathering is the Liturgy of the Eucharist. It is suggested that one have some knowledge and experience of a shorter silent directed retreat prior to participation in an extended directed retreat. Requests for a particular director are honored as far as possible.

A **guided retreat** is based on a theme and may have one or several directors who provide daily input to the group. Considerable time for personal prayer is included. While silence is usually observed, there may be some time for sharing. Liturgy of the Eucharist is celebrated daily. Some guided retreats include occasional times for private interviews with the director.

2019 Calendar

Information about programs below: stmary@ssjphila.org or 609-884-8878.

Reservations: use enclosed form or print form from website.

June 6 - 9	A Centering Prayer Retreat for those in the 12 Step Program (Three Days) Patty Creech and Rita Woehlcke SSJ
June 13 - 20	Directed Retreat (Six Days)
July 1 - 8	Living In Times of Transition Guided Retreat Rev. Anthony Ciorra
July 8 - 17	Directed Retreat (Eight Days)
July 18 - 25 or 27	Directed Retreat (Six or Eight Days)
July 28 - August 4	“See I am doing something new!” Meeting God In an Evolving World Guided Retreat Gloria Schaab SSJ
August 4 - 13	Directed Retreat (Eight Days)
August 14 - 21	Directed Retreat (Six Days)
August 22 - 29	Directed Retreat (Six Days)
August 22 - 29	Many Voices Made of Longing Guided Retreat Chris Koellhoffer IHM
September 9 - 16	Directed Retreat (Six Days)

2019 Calendar

OTHER
PROGRAMS

While these programs will be held at Cape May Point, please pay particular attention to the contact information provided.

Women's Wellness Weekend

May 31 - June 2 and September 6 - 8

Information and Reservations:

SSJ Development Office

development@ssjphila.org or 800-482-6510

Limited
to 50
participants

Women's Retreat Days — 2019

September 4, September 17 and September 18

Information and Reservations:

stmary@ssjphila.org or 609-884-8878.

Reservations: Print form from website—available August, 2019.

Limited
to 50
participants

SSJ Associates in Mission Retreat

September 27 - 29

Information and Reservations:

SSJ Associates Office

tpierson@ssjphila.org or 215-248-7271

Limited
to SSJ
Associates

Retreats



A Centering Prayer Retreat for those in the 12 Step Programs

June 6 - 9

Patty Creech, Rita Woehlcke SSJ

“The practice of Centering Prayer has parallels with other traditional practices and is simple and easy to do. For those who live by the 12 Steps found in AA, Al-Anon, SCA, OA, DA, NA, GA, and other programs, a Centering Prayer practice can be a key support system in the process of recovery and transformation. Centering Prayer can help deepen our application of the 12 Steps generally, and the 11th Step specifically, through daily immersion in prayer and meditation. We believe that, when applied as a daily supplement to the 12 Steps, Centering Prayer opens us to the deepest dimension of spirituality.” For more information, please see www.12stepoutreach.com.

This retreat is predominantly silent (including meals). The fellowship occurs in the sharing of silent prayer and the evening 12 Step meetings.

Donation: \$280

Non-refundable deposit: \$50

Directed Retreats

Directed Retreats —See page 5 for description of a Directed Retreat

June 13 - June 20 (Six days)

Carol Beevers SSJ	Julie Grey OP
Assunta Boyle RSM	Eileen Dorothy Maguire SSJ
Margaret Ellen Burke SC	Maria McCoy SSJ
Helen Cahill OP	Eileen McGovern SSJ
Joannie Cassidy SSJ	Ruthann O'Mara SSJ
Mary Carboy SSJ	Barbara Springer SSJ
Gerry Fitzpatrick SSJ	Rita Woehlcke SSJ

Donation: \$570 (SSJ Phila: \$540)

Non-refundable deposit: \$50 (SSJ Phila: \$0)

July 8 - 17 (Eight days)

Laura Arvin OP	Mary Elizabeth Looby GNSH
Margaret Ellen Burke SC	Maria McCoy SSJ
Helen Cahill OP	Eileen McGovern SSJ
Dolores Clerico SSJ	Peg Oravez SSJ
Mary Kay Flannery SSJ	Mary Catherine Walton SSJ
Pat Hickey SSJ	Rita Woehlcke SSJ
Sarah Lamb IHM	

Donation: \$650 (SSJ Phila: \$585)

Non-refundable deposit: \$50 (SSJ Phila: \$45)

Directed Retreats

Directed Retreats—Continued—See page 5 for description

July 18 - 25 (Six days) July 18 - 27 (Eight days)

Trudy Ahern SSJ	Claire McNichol SSJ
Joannie Cassidy SSJ	Peg Oravez SSJ
Karen Doyle SSJ	Mary Virginia Quinn IHM
Pat Hickey SSJ	Kathleen Smith RSM
Maria McCoy SSJ	Mary Catherine Walton SSJ

Six-Day Donation: \$570 (SSJ Phila: \$540)

Non-refundable deposit: \$50 (SSJ Phila: \$0)

Eight day Donation: \$650 (SSJ Phila: \$585)

Non-refundable deposit: \$50 (SSJ Phila: \$45)

August 4 - 13 (Eight days)

Trudy Ahern SSJ	Pauline LaMothe OP
Helen Cahill OP	Madeleine Lane SSND
Dolores Clerico SSJ	Mary Elizabeth Looby GNSH
Vincent Fortunato, ofm Cap	Claire McNichol SSJ
Julie Grey OP	Maria Metzger SSJ
Pat Hickey SSJ	Mary Spratt rc
Jean Marie Holup SSCM	Liz Sweeney SSJ
	Mary Trainer RSM

Donation: \$650 (SSJ Phila: \$585)

Non-refundable deposit: \$50 (SSJ Phila: \$45)

Directed Retreats

Directed Retreats—Continued—See page 5 for description

August 14 - 21 (Six days)

Carol Beevers SSJ	Mary Elizabeth Looby GNSH
Kathleen Boyle SSJ	Pauline LaMothe OP
Helen Cahill OP	Pat Mensing SSJ
Carolynne Ervin	Doris Mical CSJP
Gerry Fitzpatrick SSJ	Sally Russell SSJ
Julie Grey OP	Marcy Springer SSJ
Pat Hickey SSJ	Liz Sweeney SSJ

Donation: \$ 570 (SSJ Phila: \$540)

Non-refundable deposit: \$50 (SSJ Phila: \$0)

August 22 - 29 (Six days)

Dorothy Apprich SSJ	Maria Metzger SSJ
Pat Hickey SSJ	Sally Russell SSJ
Jean Marie Holup SSCM	Eileen Smith RSM

Donation: \$570 (SSJ Phila: \$540)

Non-refundable deposit: \$50 (SSJ Phila: \$0)

September 9 - 16 (Six days)

Assunta Boyle RSM	Maria McCoy SSJ
Peg Conboy SSJ	Eileen McGovern SSJ
Kathleen Durkin CSJ	Janet Mock CSJ
Gerry Fitzpatrick SSJ	Eileen Smith RSM
Julie Grey OP	Barbara Springer SSJ

Donation: \$570 (SSJ Phila: \$540)

Non-refundable deposit: \$50 (SSJ Phila: \$0)

Guided Retreats

See page 5 for description of a Guided Retreat

Living In Times of Transition

July 1 – July 8 (Six days)

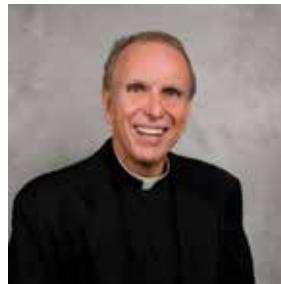
Rev. Anthony Ciorra

This guided retreat will reinforce the fact that we enter the process of dying and rising from the day of our Baptism forward. We live in a graced moment, a time in which God is calling us to embrace the mission of transitions in our personal lives, religious communities, the Church, the world, even in the universe itself.

We are challenged to “above all trust in the slow work of God and believe that only God could say what this new spirit gradually emerging will be” (Teihard de Chardin). We are called to a radical faith in the twenty-first century where God seems to be “making all things new.” This retreat will paint the picture and offer a pathway into embracing a spirituality of transition.

Donation: \$570 (SSJ Phila: \$540)

Non-refundable Deposit: \$50 (SSJ Phila: \$0)



Guided Retreats

Guided Retreats—Continued—See page 5 for description

“See I am doing something new!” Meeting God in an Evolving World July 28 – August 4 (Six days)

Gloria Schaab SSJ

The revelation of God through creation is inseparable from divine revelation in Scripture and in Jesus Christ. Everything is full of sacred presence; everything has the capacity to reveal the Divine. In dialogue with human experience, this retreat delves into the dynamics of an evolving world and explores how these dynamics may broaden and deepen our vision of and relationship with the Living God. Plumbing the reality that all is in relation, we explore cosmic creativity, emergent novelty, and strange attractors through word, song and silence and enter into the mystery of our Triune God who promises, “See I am doing something new!”



**Donation: \$570 (SSJ Phila: \$540)
Non-refundable Deposit: \$50 (SSJ Phila: \$0)**

Guided Retreats

Guided Retreats—Continued—See page 5 for description

Many Voices Made of Longing

August 22 – August 29 (Six days)

Chris Koellhoffer IHM

The poet Rilke reminds us that our blood is alive with many voices telling us we are made of longing. Sometimes those voices speak in a soft whisper; sometimes an insistent shout. Always their call is to a profound listening, so we might mine the divine desire for us as well as our own collective ache for communion and belonging. Where are we being called to a deeper resonance with the wounds and hopes of our time? How might we more fully serve as fields of healing presence for our beautiful yet wounded world?



This silent, guided retreat will offer prayer, presentations, the arts, material for reflection, and times of stillness and sharing. Please bring a Bible, a journal and your listening heart.

Donation: \$570 (SSJ Phila: \$540)

Non-refundable Deposit: \$50 (SSJ Phila: \$0)

General Information

Our beloved Victorian-era beachfront retreat house is, in spite of significant recent improvements, physically inconvenient in many ways. Saint Mary by-the-Sea's historic structure does not provide a safe environment for persons with limited mobility. If you are not physically able, Saint Mary is most likely not a good place for your retreat. Please be aware that no health services are available on site. The nearest hospital is 14 miles away.

We are not able, for safety reasons, to accommodate persons who use wheelchairs, walkers, or mobility aids, such as scooters and other power-driven mobility devices for any of our programs or retreats.

Elevator:

We have a small elevator that will help get luggage to the upper floors. It will assist those who have trouble with stairs, and it will enable them to sit on our second-floor porches and enjoy the ocean view. This one small elevator, however, does not make our facility handicap-accessible. To have a bedroom on the second floor, you must be sufficiently agile to manage one flight of stairs in case of an emergency or elevator failure.

If you cannot manage at least one flight of stairs, please request a first-floor room.

General Information

General Information—Continued

For Retreats from June 6 through August 29

Arrival Day 1:00 PM Rooms are available
 5:30 PM Supper
 7:00 PM Retreat begins

Departure Day 7:00 - 9:30 AM Breakfast
 8:00 AM Closing Eucharistic Liturgy
 11:00 AM Departure



Early Arrivals or Late Departures

If it is necessary to arrive early or depart late for retreat, this must be requested in advance. Such arrangements can't be confirmed until June and depend on availability of rooms. An additional charge will be added for each extra day.

Late Arrivals

If you plan to arrive later than 7:00 PM, please let us know in advance. If circumstances on the day of your arrival prevent you from arriving by 7:00 PM, please call us (609-884-8878).

Pet Policy

Retreatants/volunteers/staff are not permitted to bring their household pets to Saint Mary by-the-Sea. Animals may cause allergic reactions in some retreatants, while others may feel threatened or be distracted by the presence of animals.

General Information

General Information—Continued

Guest Rooms: First, second, third, and fourth floors; single occupancy. The houses are not handicap-accessible. Capacity is approximately 100 guests.

Please Bring: **BATH TOWELS** and toiletries.

Useful to Bring: Bible, journal, bicycle, fan, coffee mug, mosquito repellent, sun screen, beach towel, beach chair, music player/earphones.

Provided: Iron/ironing board, pay laundry machines, bed linens.

Dress: Casual. Shirts/shoes required in chapel, dining room, and kitchen.

Beach: The house is on the beach. Beach tags are available for a \$5 donation plus a \$5 deposit.

Massage Therapy: A massage therapist is available during most of our retreats. Cost is approximately \$50.

Telephone: 609-884-8878. Please call only between 9:00 and 11:00 AM. **CALLS FOR GUESTS: MESSAGES ONLY, PLEASE.** If there is need to speak with a guest directly, please arrange in advance for the guest to be near the phone when you call. Try to avoid calls on the opening day of a retreat. The phone available to guests requires a phone card for long distance.

Dietary: If you have special dietary needs/requests, please bring supplementary food. We cannot always guarantee entire gluten-free meals. Almost all meals include a salad bar with a protein item.

Mailing List: To be added to the mailing list for next year's retreat brochure, contact Mary Ann Mulzet SSJ at stmary@ssjphila.org or 609-884-8708. Include your email address if you can receive a link to the online brochure rather than a paper copy. Email is preferred.

Smoke-free Facility: Smoking (including E-cigarettes) is prohibited in the house and on the grounds.

Volunteers



You are invited to volunteer for the 2019 staff!

We look forward to welcoming new as well as experienced staffers, and, as we look to the future, we are eager to welcome young volunteers. All positions require good health and physical stamina. *We work hard, enjoy each other and the beach, and have lots of fun!*

Liturgist / Sacristan
tends to chapel and
sacristy needs and
coordinates liturgical
celebrations in
collaboration with the
presider and retreat
directors.

Cooks (2)
prepare all meals
according to the kitchen
manager's plans.

Kitchen Helpers (2)
assist in meal preparation.

Salad Bar Staff (2)
prepares salads for
dinner and supper.

Pantry Staff (2)
prepares beverages,
breads, condiments,
and desserts for all meals.

Dining Room Staff (2)
organizes and
oversees the serving
area and equipment for
all meals and keeps the
dining room in good
order.

Kitchen Dishwashers (2)
clean pots and pans
and help with kitchen
cleaning.

Lobby Desk
receptionist provides a
welcoming presence in
the lobby, greets guests,
responds to inquiries,
and occasionally
answers the phone.

Queen / Saint Joseph House
cleaner refreshes both
houses daily.

Laundry / Snack Room staffer washes
the kitchen towels
and bathroom towels
and mats daily, keeps
laundry and snack
rooms clean, and
maintains the coffee
and snack stations.

Bathrooms / Dishwasher Staff (4)
cleans the bathrooms
daily and operates the
dishwasher after all
meals.

To volunteer,
call
Sister Sharon
609-884-8708.

Driving Directions



From Pennsylvania

- Whitman or Franklin Bridges, Route 42 South, Route 55 South.

- **OR** Commodore Barry Bridge, Route 322 East, Route 55 South.

- **OR** Delaware Memorial Bridge, Route 40 South, Route 55 South.

- Route 55 ends and becomes Route 47, then Route 347, and again becomes Route 47.

- Turn right at the Post Office in Rio Grande onto Railroad Avenue, which becomes Seashore Road and then Broadway.

- Turn right at Sunset Boulevard (traffic light).

- Turn left at Lighthouse Avenue, the second left after passing Route 607.

- Turn right at the lighthouse; Saint Mary by-the-Sea is ahead, on the left.

From the Garden State Parkway

- Garden State Parkway South until it ends.

- Continue south, straight through Cape May to the end of Lafayette Street.

- Turn right. Follow the street around to the left, through two traffic lights, onto Sunset Boulevard.

- Follow last two lines of directions from Pennsylvania.

From the Cape May-Lewes Ferry Terminal

- Route 9 (Sandman Boulevard) for about two miles.

- Turn right at Seashore Road (traffic light) which becomes Broadway and go about two miles to the traffic light at Sunset Boulevard.

- Follow last three lines of directions from Pennsylvania.

Reservation Directions



Most retreat spaces are reserved by mid-June. **Before mailing a reservation after May 1, please call to learn whether there is any space.** Responses to telephone inquiries and mailed reservations will be delayed from **May 29-June 4** because of summer staffing adjustments.

Private Retreat information is available by contacting Patricia O'Donnell SSJ at stmary@ssjphila.org or 609-884-8878; after **June 8** for retreat dates in June or after **June 30** for other dates. The silent prayerful spirit of our retreats must be observed. Reservations for private retreat time cannot be finalized until reservations for scheduled retreats have been processed.

Rooms are single. Room assignments are made and preferences are honored in the order in which reservations are received. For a room near another person, include that person's FULL name on the reservation form. Most of the bedrooms contain single beds; a few have double beds. **PENDING AVAILABILITY the rooms are assigned as requested.**

Reservation Directions—Continued

Health Needs receive priority in assigning rooms. Indicate on the reservation form if health, especially inability to climb stairs, is a consideration. If we are unable to meet your health needs, we will contact you. Let us know if your health needs change.

Room Preferences (e.g., 3rd floor, or facing street, or not facing porch) MUST be sent with the reservation. Room assignments for the entire season are finalized in June. Preferences arriving later can rarely be honored except for health reasons. **Please ask for a general location, not a specific room.** Specify which of two preferences is more important (e.g., ocean view or third floor). Only about half of our rooms have ocean views. Room choice is limited if the reservation does not arrive early in the reservation season.

FOR EACH RESERVATION PLEASE SEND:

1. A separate completed **RESERVATION FORM** for each person. A link to the reservation form may be found on www.stmarybythesea.org, below the picture on the home page.
2. **SELF-ADDRESSED STAMPED ENVELOPE** for your confirmation.
3. **Non-refundable DEPOSIT:** see the descriptions of the retreats on pages 8 - 12 for the amount. Please do not send more than the requested deposit.
4. For Sisters of Saint Joseph of Philadelphia, \$540 is already paid toward your retreat. Send entire additional fee with reservation.
5. Deposits apply to the total amount. Balances should be paid on arrival day by check or cash only, **NO CREDIT CARDS.**
6. **After May 1, call to learn whether there is space before mailing a reservation.**

Reservation Directions

Reservation Directions—Continued



Please make checks payable to Sisters of Saint Joseph.

Send form, deposit, and self-addressed stamped envelope to:

**RESERVATIONS OFFICE
SAINT MARY BY-THE-SEA
P. O. BOX 382, 101 LEHIGH AVENUE
CAPE MAY POINT, NJ 08212**

Confirmations guarantee a room, but not a specific room assignment. Your confirmation is your receipt. Bring it with you.

**Mailing of confirmations will begin in mid-January.
After January 31, if you do not receive a confirmation
within approximately one month, please inquire by email,
mail, or phone.**

CANCELLATIONS: Notify us as early as possible so your place may be offered to others.

Inquiries may be made to:
stmary@ssjphila.org
609-884-8878 — 9:00 - 11:00 AM

Retreat Directors



Retreat Directors

Trudy Ahern SSJ, a Sister of Saint Joseph of Philadelphia, is co-director of the Upper Room Spiritual Center, Neptune, New Jersey. Her ministries include the training and supervision of spiritual directors, spiritual direction, directed retreats, and programs for spiritual enrichment.

Dorothy Apprich SSJ, a Sister of Saint Joseph of Philadelphia, has experience as a spiritual and retreat director for over 30 years. Dorothy served on the staff of the SSJ Center for Spirituality in Chestnut Hill and the Jesuit Center for Spiritual Growth in Wernersville. Currently, she serves as the Executive Director of Saint Joseph Villa, a skilled nursing facility and the retirement home for the Sisters of Saint Joseph.

Laura Arvin OP, a Dominican Sister of Amityville, New York, ministers as a co-director at Mount Saint Mary House of Prayer in Watchung, New Jersey. Prior to spiritual direction and retreat ministry, she served as an administrator at St. John's University in New York.

Carol Beevers SSJ, a Sister of Saint Joseph of Philadelphia, has been involved in retreat and spiritual direction ministry for many years. She has a master's degree in holistic spirituality and spiritual direction from Chestnut Hill College. Carol enjoys companioning others on their spiritual journey and presently offers spiritual direction in Westmont, NJ or through Skype.

Assunta Boyle RSM received certification as a spiritual director from the Center of Religious Development and a certificate in pastoral counseling from the New York Diocese Pastoral Program. In addition to her retreat ministry, she currently serves as a DRE at a parish in Southampton, New York.

Kathleen Boyle SSJ, a Sister of Saint Joseph of Philadelphia, ministers in spiritual direction, Kairos retreats, and education. She received her spiritual direction training at Francis House of Prayer in Rancocas, New Jersey. She serves as chairperson and teacher in the theology department at Saint Rose High School in Belmar, New Jersey.

Margaret Ellen Burke SC, a New York Sister of Charity, has been educating and supervising spiritual directors for many years. She is actively engaged as well with the Spiritual Development and Leadership Formation of the Laity in the rural areas of the Archdiocese of New York.

Helen Cahill OP, a Dominican Sister of Peace, is on staff at the Claret Center in Chicago, Illinois. In addition to her spiritual direction ministry, she supervises formation personnel for many congregations and gives workshops on numerous and varied topics.

Mary Carboy SSJ, a Sister of Saint Joseph of Philadelphia, received a master's degree in spirituality from Duquesne University and a certificate in Spiritual Direction from the Jesuit Center in Wernersville. Mary has been ministering full time in Spiritual Direction and Retreat Ministry for many years.

Joannie Cassidy SSJ, a Sister of Saint Joseph of Philadelphia, ministers as a campus minister at Chestnut Hill College, Philadelphia. Joannie has been active in retreat work and spiritual direction and has offered days of reflection, weekend retreats and six- and eight-day retreats.

Anthony Ciorra was ordained a priest in 1973. His experience has included parish life, teaching, administration, retreat work, preaching, and formation ministries. He is currently Vice President for Mission and Catholic identity and Professor of Theology and Catholic Studies at Sacred Heart University, Fairfield, Connecticut. He gives workshops and retreats throughout the United States, the Middle East, and Europe. He is actively involved in creating programs for inter-religious dialogue among Jews, Christians, and Muslims.

Dolores Clerico SSJ, a Sister of Saint Joseph of Philadelphia, received a Certificate in Spiritual Direction from Chestnut Hill College. Dolores offers guided retreats and facilitates workshops in the spirit of the Sisters of Saint Joseph.

Peg Conboy SSJ, a Sister of Saint Joseph of Philadelphia, ministers as a chaplain at Thomas Jefferson University Hospital. Peg has been active in retreat work and spiritual direction in the United States and in Latin America.

Patty Creech has over 25 years of experience with both Centering Prayer and 12 Step spirituality. She is also a certified spiritual director and serves in the community of Saint Ann, Lawrenceville, New Jersey.

Karen M. Doyle SSJ, a Sister of Saint Joseph of Philadelphia, has been involved in Ignatian Spirituality for the past 30 years. Karen is a Spiritual Director, Supervisor, Director of the Spiritual Exercises (Annotation 19 and 20). Her delight is sharing Ignatian Spirituality with others! She has ministered to spiritual directors in Canada, Philippines, Denmark and Taiwan.

Kathleen Durkin CSJ entered the Sisters of St. Joseph of Wheeling and is now a member of the Congregation of St. Joseph. Kathleen has served as an elementary and high school teacher and in areas of adult faith formation, college seminary formation and parish ministry. She also served as Vicar for Religious in the Diocese of Wheeling-Charleston, WV. Kathleen was a member of the formation team for her Congregation and served in elected leadership. Currently, Kathleen serves at St. Joseph Retreat Center, Wheeling as a retreat director, spiritual director, and facilitator.

Carolynne Ervin has served in the ministry of spiritual direction and supervision for over 30 years. She currently has a small private practice at her home in Reading, Pennsylvania. Carolynne offers directed retreats at the Jesuit Center for Spiritual Growth when needed.

Gerry Fitzpatrick SSJ, a Sister of Saint Joseph of Philadelphia, ministers in spiritual direction, and she has supervised for Neumann University. She holds graduate degrees in theology and counseling and a certificate in spiritual direction from the Shalem Institute for Spiritual Formation.

Mary Kay Flannery SSJ, a Sister of Saint Joseph of Philadelphia, ministers in education, spiritual direction, and retreats. She teaches in the Religious Studies department of Chestnut Hill College. She studied at the Center for Spirituality and Justice, Bronx, New York and at the Mexican American Cultural Center, San Antonio, Texas.

Julie Grey OP, a Dominican Sister of Peace, has a master's degree in pastoral studies from Loyola University. She is a graduate of the Institute for Spiritual Leadership in Chicago, Illinois and the Center for Religious Development in Cambridge, Massachusetts.

Pat Hickey SSJ, a Sister of Saint Joseph of Philadelphia, is a graduate of Creighton University and is certified in supervision from Chestnut Hill College. She has been involved full time in the ministry of spiritual direction, retreats and supervision for many years.

Jean Marie Holup SSCM, a Sister of Saints Cyril and Methodius and the director of St. Cyril's Spiritual Center in Danville, Pennsylvania, has long ministered in spiritual direction and in retreat work. She received her degree in Spirituality from Creighton University, Omaha, Nebraska, and ministered at the Jesuit Center for Spiritual Growth, Wernersville, Pennsylvania. Currently, Jean serves her Congregation as the director of formation.

Chris Koellhoffer IHM, a Sister, Servant of the Immaculate Heart of Mary, is a spiritual guide and author who engages in mobile spirituality ministry. With a background in communications and spirituality, Chris offers retreats, presentations, and process throughout the U.S. Her worldview has been profoundly shaped by the arts, by the power of story, and by people on the margins.

Pauline La Mothe OP, a Dominican Sister of Peace, has a Doctor of Ministry in Counseling/Psychology as well as a Certificate in Spiritual Direction. She is presently on the staff of Claret Center in Chicago, Illinois as a Spiritual Director and facilitates local communities for sisters and seminarians in Formation.

Sarah Lamb IHM, served for 10 years as a full-time staff member at the Jesuit Center for Spiritual Growth. She holds master's degrees in Spiritual Theology and Pastoral Care and a Certificate in Spiritual Direction from Neumann University. She is now Site Director of the IHM Literacy Center in Southwest Philadelphia.

Madeleine Lane SSND, MA, LMFT, a member of the Central Pacific Province of School Sisters of Notre Dame, is the Founder of The Family Center, Glendale, MO. She has 35 years of educational, pastoral and clinical experience, including spiritual direction. S. Madeleine offers individual, couple, and family counseling, and specializes in grief ministry.

Mary Elizabeth Looby GNSH, serves on her Congregation's Leadership Council and has been a spiritual director and retreat director for over 30 years. She completed a master's degree in Pastoral Care and Counseling from Neumann University, Aston, Pennsylvania, and Spiritual Direction training from Bon Secours Spiritual Center in Maryland.

Eileen Dorothy Maguire SSJ, a Sister of Saint Joseph of Philadelphia, is presently Director of Senior Services for her congregation. She holds graduate degrees in education and administration, counseling psychology, and holistic spirituality and spiritual direction. Eileen has experience in diocesan and parish ministry, retreat work, and days of prayer and reflection.

Maria McCoy SSJ, a Sister of Saint Joseph of Philadelphia, recently completed 23 years of ministry as a member of the Spiritual Growth Staff at the Jesuit Center, Wernersville, PA. In addition to spiritual direction and retreats, Maria leads retreats and workshops on Praying with Female Images of God. She holds a master's degree in Christian Spirituality from Creighton University, and Theology and Spirituality courses through the multi-cultural ARC Program, Rome, Italy. Maria also received a Doctor of Ministry Degree from Lancaster Theological Seminary.

Eileen McGovern SSJ, a Sister of Saint Joseph of Philadelphia, has long ministered in spiritual direction, retreats, and supervision, most recently as director of Carmel Retreat House in Mahwah, New Jersey.

Pat Mensing SSJ, a Sister of Saint Joseph of Philadelphia, holds a master's degree in theology from St. Michael's College and trained at Creighton University. Pat gives spiritual direction, leads days and weekends of prayer, and serves as a pastoral associate at Our Lady of Mercy Parish in Potomac, Maryland.

Maria Metzger SSJ, a Sister of Saint Joseph of Philadelphia, holds master's degrees in theology from Saint Louis University and holistic spirituality and spiritual direction from Chestnut Hill College. She has ministered in education, spiritual direction, and retreats, and is the Pastoral Associate for Lifelong Formation at Star of the Sea Parish in Cape May, New Jersey.

Doris Mical CSJP is a Sister of St Joseph of Peace. She is a Spiritual Director, a Pastoral Counselor, and a Retreat Director. She presently serves as a part time Resident Advocate at Peace Care St. Ann's Home for the elderly in Jersey City, NJ.

Janet Mock CSJ, a Sister of Saint Joseph of Baden, Pennsylvania, has been involved in directing retreats since 1973 while engaged in other ministries. In recent years, Janet served as executive director of the Leadership Conference of Women Religious.

Ruthann O'Mara SSJ, a Sister of Saint Joseph of Philadelphia, holds a master's degree in Spiritual Direction and Holistic Spirituality from Chestnut Hill College, Philadelphia and Certificate in Supervision for Spiritual Directors from the Upper Room Spiritual Center, Neptune, NJ. Sister Ruthann has ministered as a spiritual director, retreat director, and supervisor for many years.

Peg Oravez SSJ, a Sister of Saint Joseph of Philadelphia, has been companioning spiritual seekers for the past 30 years. She has a master's degree in Spirituality from Fordham University as well as a Certificate in Spiritual Direction from Shalem Institute in Washington, DC.

Mary Virginia Quinn IHM, ministers in education, spiritual direction, and retreats. She holds a certificate in spiritual direction and retreats from Creighton University. Presently, she is chair of the Theology Department at Immaculata High School, in Somerville, New Jersey.

Sally Russell SSJ, a Sister of Saint Joseph of Philadelphia, is the Director of Adult Faith Formation and Spiritual Direction for Our Lady of the Chesapeake Parish in Pasadena, Maryland. She has a graduate degree in Adult Faith Formation and a certificate in Spiritual Direction from the Upper Room Spiritual Center. Sally is engaged in offering spiritual direction and retreats.

Gloria L. Schaab SSJ, a Sister of Saint Joseph of Philadelphia, is a professor of systematic theology at Barry University in Miami, FL. Through presentations, publications, and retreats, she has reflected extensively on the mystery of God through the lens of evolutionary science.

Eileen P. Smith RSM, a Sister of Mercy, is the director of Mount Saint Mary House of Prayer, Watchung, New Jersey where she serves in retreat ministry, conducts retreats and workshops, and offers spiritual direction. She received her MA in Religious Studies at Providence College and was trained in spiritual direction at the Jesuit Center, Wernersville, Pennsylvania.

Kathleen Smith RSM is a graduate of Chestnut Hill College in holistic spirituality and retreat direction. Her present holistic practice, Grateful Heart Ministries, includes spiritual direction and healing touch. She practices throughout Maine, Massachusetts, and New Jersey.

Mary Spratt rc is a Cenacle Sister who ministers at the Cenacle Retreat Center in Ronkonkoma, Long Island, New York. She has a Master of Divinity degree and has received training in spiritual direction at the Center for Religious Development in Cambridge, Massachusetts.

Barbara Springer SSJ, a Sister of Saint Joseph of Philadelphia, ministers in individual spiritual direction, retreats, and facilitating days of prayer and reflection. She trained at the Center for Spirituality of the Sisters of Saint Joseph of Philadelphia.

Marcy Springer SSJ, a Sister of Saint Joseph of Philadelphia and Director of Francis House of Prayer in Mt. Holly, New Jersey, offers programs, retreats, and spiritual direction. She also directs the 19th Annotation and 30-day experience of the Spiritual Exercises and offers an intern program for spiritual directors.

Liz Sweeney SSJ, a Sister of Saint Joseph of Philadelphia, serves as a spiritual director for individuals and groups at Jesus House in Wilmington, Delaware. In recent years her ministry has broadened to include the development of integral spirituality and consciousness transformation through the practice of contemplative dialogue.

Mary Trainer RSM, a Sister of Mercy, received a Certificate in Spiritual Direction from Shalem Institute. Mary guides leadership retreats in the spiritual legacy of Catherine McAuley and is part of the team for Cranaleith's Spiritual Direction Formation Program in the Charism of Mercy.

Mary Catherine Walton SSJ, a Sister of Saint Joseph of Philadelphia, holds a master's degree in religious studies, spirituality certificates from The Center for Spirituality and Justice, Bronx, New York and The Upper Room, Neptune, New Jersey, and a pastoral counseling certificate.

Rita Woehlcke SSJ, a Sister of Saint Joseph of Philadelphia, is the Director of the SSJ Associates in Mission. She offers spiritual direction, retreats, and programs for personal and ministerial growth. In addition to masters' degrees in literature and pastoral counseling, she holds a certificate in spiritual direction.







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