

Can't Join Us This Year?

You can still be a Sole Sister and support the race by sponsoring a Sister of Saint Joseph to walk or run for \$50

To register for the *Sole Sister Run/Walk*, or to *Sponsor a Sister* to run/walk:

Fill out all of the information on the opposite side of this panel and return this portion with your payment to:

Sisters of Saint Joseph
Development Office
9701 Germantown Avenue
Philadelphia, PA 19118

If Paying by Credit Card...

Please Check

- Visa Mastercard
 Discover Am/Express

Credit Card Number

Expiration

CV Code

Phone Number

Signature

A Special Thanks to last year's sponsors:

Sister Principal:

Valerie Spangler
Barbara Suelke
Debra Thompson



Marybeth Sears

Super Sister:

Joseph Kerrigan Jr.
Alma McGann Lawn Boy Service
Chalfonte Hotel
Kathy Rinehart & Lisa Frey
Ms. Marita Kennedy-Hallam
Olivieri Chiropratic Center LLC
The Dollinger-Durstewitz Family
In honor of all Sisters of Saint Joseph who have served at Star of the Sea, Cape May

Starter Sister:

Bernadette Parisi
Barbara Sutton
Kathleen Johnson
Krobatsch Plumbing and Heating Inc.
Lucky Bones Backwater Grille
The Original Fudge Kitchen
Tom Guinan

Awards for top female and and male finishers in each age category!

For more information please visit us at:
<http://www.stmarybythesea.org/smbts/Saint Mary by-the-Sea>

Online Registration:
TNEVENTMANAGEMENT.COM



Add us on Facebook:
Sole Sister Run



Sisters of
Saint Joseph™
CHESTNUT HILL • PHILADELPHIA

7th Annual Sole Sister RUN WALK



5K Run • 1 Mile Fun Run/Walk

Saturday • **October 1** • 2016



Saint Mary by-the-Sea
Retreat House

101 Lehigh Avenue
Cape May Point, NJ 08212
1-800-482-6510

Race proceeds benefit Saint Mary by-the-Sea

Register online:
TNEVENTMANAGEMENT.COM

Sponsorship Opportunities

Mother Superior \$2,500

Company name and logo on the Race Banner
Company logo on official race t-shirts
Company logo listed in brochure
Logo recognition on Facebook

Sister Principal \$1,000

Company name and logo on the Race Registration
Company logo on official race t-shirts
Company logo listed in brochure
Logo recognition on Facebook

Super Sister \$500

Company logo on official race t-shirts
Company logo listed in brochure
Recognition on Facebook

Starter Sister \$250

Company logo listed in brochure
Recognition on Facebook

Like "Nun" Other..... \$100

Recognition on Facebook

For more information and additional registration forms, visit us at:

<http://www.stmarybythesea.org/smbts>
1-800-482-6510

General Information

Saturday • October 1 • 2016

1 MILE FUN Run/Walk (not timed)

5K Run (professionally timed)

Start and Finish Line

(both races)

Saint Mary by-the-Sea

101 Lehigh Avenue

(corner of Lincoln & Lehigh)

Cape May Point, NJ 08212

Start Times

5K Run • 9:30 a.m.

1 Mile • 9:35 a.m.

Entry Fee

Per Race, Per Person

1 Mile • \$20 by Sept. 1st

5K Run • \$25 by Sept. 1st

Both Races • \$30 after Sept. 1st

**Pre-registration Packet Pick-up
&
Day-of-Race Registration begins:**

8:00 a.m.

Registration Information

Complete and return this portion

Which race are you entering?

5K 1 Mile

I would like to Sponsor at the _____ level.

I am not racing, but would like to Sponsor a Sister(s) _____.

Total Amount Enclosed _____.

Make checks payable to "Sisters of Saint Joseph"

Pay by Credit Card on opposite side of this panel.

Female Male

Age _____ (as of 10/01/16)

Name _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

T-shirts only guaranteed if registered by September 1st.

Select one:

Style: Unisex Crew Neck Women's V-neck

Size: S M L XL

WAIVER

In consideration of this entry being accepted, I hereby, for myself, my heirs, Executors and Administrators, waive and release any claims that I may have against the Borough of Cape May Point, the sponsors, their representatives, successors, or assignees and any other person associated with this event for any injuries that may be suffered by me in this event. I also give permission for the use of my name and/or picture in any newspaper, broadcast or other account of this event. I certify that I am in physical condition for this event.

Signature/Date

Guardian Signature (if entrant under 18)/Date