

# *Creative Spirits Weekend*

May 30 - June 1, 2014

Come  
and  
nourish  
your creative Spirit!



See the ordinary through God's eyes! This weekend is a gift of time and space to ourselves and to the creative process. Join other artists for a weekend of learning, prayer, reflection and creativity.

Saturday will offer a variety of workshops. Beginning and advanced artists are welcome! Limit 50.

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This weekend offers an optional workshop on Friday with an early arrival at **9:00 AM**. All other participants are invited to arrive at **4:00 PM** with an optional dinner on Friday evening. We will gather at 7:30 PM, Friday, for our welcome and evening prayer.

## Workshops

### **Creative Expression and Prayer: Fan your Creativity into Flame with S. Toni Longo, ASC**

This workshop opens your heart, mind and body to the creative expression. Using various exercises and techniques to help you gain self-confidence in your creative talents and skills and strengthen the relationship between your artistic creativity and your spiritual connection with God. Bring whatever creative materials you love to use.

### **The Zen of Seeing/Drawing as a way of Meditation with S. Helen David Brancato, IHM**

Drawing is the discipline by which I constantly rediscover the world. It is the awakening of the "third eye" where eye, heart and hand become one with what is seen/drawn. Drawing is a way of getting into intimate touch with the visible world around us, and through it...with ourselves.....Frederick Franck

Materials: Pencils, Charcoal, Conte, Pastel or colored pencils, Kneaded eraser, Marker (black)

### **Oil painting "Plein Air" style with Carol King Hood.**

Cape May Point & Saint Mary by-the-Sea offer beauty everywhere you look, we will decide on a great spot on the porches of the retreat house and paint like the Impressionist did! We will be focusing on the Alla Prima Technique...creating an outdoor painting in one afternoon! Other mediums welcome.

### **Mosaic: Putting the Pieces together with Christine Zaccardi**

Learn the basic techniques of choosing, breaking and adhering tiles, grouting and creating a finished edge.

With guidance, you can create successful, beautiful and functional one-of-a-kind artwork made by you.

Materials will be provided for this workshop.

### **Watercolor: Transparent and Flowing with Color TBA**

Explore the qualities of watercolor that make it a unique medium. Allow the various colors of light to add atmosphere and mood to your paintings. Bring your own photographs or work from the nature around you.

## **EXTRA DAY ON FRIDAY**

Optional Day: Opening Ourselves to the Creative Spirit (Friday)

Begin the weekend with a relaxed schedule on Friday and creative exercises to stimulate your creativity, spirit and prayer. We will work in any medium. Arrival for this optional day will be on Friday morning, 9:00 AM. The workshop will begin at 10:00 AM. Lunch will be provided.

# CREATIVE SPIRIT REGISTRATION FORM

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Cell #: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Phone #: \_\_\_\_\_

## Workshops

Creative Expression

Mosaic

Drawing

Watercolor

Oil Painting

Extra Day on Friday

Optional Dinner on Friday evening:  Yes  No

## Do you have any dietary concerns or needs?

Gluten-free

Other: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Vegetarian

## Accommodations

I need a room on the first floor.

I can stay in a room on the third floor.

Room Preference: \_\_\_\_\_

## Cost

Donation: \$290 (\$325 with optional day on Friday)

Deposit: \$100

Please mail this registration form + deposit or full amount to:

Saint Mary by-the-Sea Retreat House

101 Lehigh Avenue - Box 382

Cape May Point, New Jersey 08212-0382

For further information, call 609-884-8708 or [mamulzet@gmail.com](mailto:mamulzet@gmail.com).