

Guided Retreat Director Biographies

Liz Sweeney SSJ, a Sister of St. Joseph of Philadelphia, ministers as a spiritual director for individuals and groups in Wilmington, Delaware. For the past 10 years her perspective has expanded to include integral spirituality and consciousness transformation.

Helen David Brancato IHM, a painter, printmaker, and illustrator whose work carries themes of justice, peace, and homelessness, is an associate professor of art at Villanova University, Villanova, Pennsylvania. She has presented many workshops on spirituality and art, on creativity and compassion around the country.

Anthony Ciorra was ordained a priest in 1973. He has ministered in parish life, teaching, administration, retreat work, preaching, and formation. He holds graduate degrees in psychology, history and pastoral theology, and a Certificate in Spiritual Direction. He currently serves as Assistant Vice President for Mission and Catholic Identity at Sacred Heart University, Fairfield, Connecticut.

Janice Bachman OP, a Dominican Sister of Peace, is a Jungian Analyst and spiritual director. She teaches in the summer Graduate Program in Christian Spirituality at Creighton University, Omaha, Nebraska and is credentialed in Christian spirituality and analytical psychology.